



COGNITION, TRANSFORMATION AND LIVES

PROF. ALOK BAJPAI

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INTENDED AUDIENCE : Students, professionals, or anyone Interested in Mind

PREREQUISITES : None. Working knowledge of English. Preferably, listen to Prof. Braj Bhushan's lectures on NPTEL – Introduction to Psychology

INDUSTRY SUPPORT : Motivational and Self-help programmes

COURSE OUTLINE :

This course addresses anyone who is interested in change, not the temporary change, but transformation at a deeper, sustained level; whether individual or collective. The course is structured to provide a basic knowledge of Psychology and Neuroscience before using a narrative biography of Mahatma Gandhi to elucidate the process of transformation. It does not look at Mahatma Gandhi's politics rather at the Man who left behind a model of transformation. We posit it in a scientific analysis here.

ABOUT INSTRUCTOR :

Prof. Alok Bajpai has been trained in Psychiatry at National Institute of Mental health and NeuroSciences (NIMHANS) Bangalore. He did his DPM, MD and is currently practicing at Kanpur and Prof. Alok Bajpai is also the Psychiatrist with Counselling cell, IIT Kanpur. His research interest are in Physics of Brain, Sleep and EEG.

COURSE PLAN :

Week 01 : Why Do people do what they do?

Week 02 : Where is the mind?

Week 03 : Understanding Transformation

Week 04 : Gandhi's process of transformation.