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NPTEL

Courses » Perspectives on Neurolinguistic

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Unit 2 - Week 1

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Course outline

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Week 1

● Lec 01 : Introduction

● Lec 02 : Scope of Neurolinguistic Programming

● Lec 03 : NLP Communicating Model

● Lec 04 : NLP Filters

● Lec 05 : Causes & Effect

○ Quiz : Assignment 1

○ Solution for Assignment 1

Week 2

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Assignment 1

The due date for submitting this assignment has passed.
As per our records you have not submitted this assignment.   **Due on 2019-02-13, 23:59 IST**

1) NLP is the study of: *1 point*

   ○ Objective behaviour

   ○ Erratic behaviour

   ○ Aggressive behavior

   ○ Subjective behaviour

No, the answer is incorrect.
Score: 0

Accepted Answers:
Subjective behaviour

2) In NLP, 'linguistic' stands for: *1 point*

   ○ The use of language, both verbal and non-verbal

   ○ The use of only verbal language

   ○ The use of only non-verbal language

   ○ The use of machine language

No, the answer is incorrect.
Score: 0

Accepted Answers:
The use of language, both verbal and non-verbal

3) NLP provides a framework for understanding and relating to which part of human experience?   *1 point*

   ○ Mundane

   ○ Spiritual

   ○ Mechanical

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4) NLP is founded on two fundamental presuppositions; one of them is 'the map   **1 point**
is not the territory' and the other is:

○ Reality is not true

○ There is no system in mind and body

○ Life and 'Mind' are Systemic Processes

○ Avoid resources

No, the answer is incorrect.
Score: 0

Accepted Answers:
Life and 'Mind' are Systemic Processes

5) Neuro-Linguistic Programming establishes the relationship between: **1 point**

○ Brain, society, and body

○ Brain, language, and body

○ Language, mind, and machine

○ Language, machine, and society

No, the answer is incorrect.
Score: 0

Accepted Answers:
Brain, language, and body

6) Who developed the NLP Communication Model?   **1 point**

○ Richard Bandler & John Grinder

○ N. Chomsky & F. D. Saussure

○ Tad James & Wyatt Woodsmall

○ None of the above

No, the answer is incorrect.
Score: 0

Accepted Answers:
Tad James & Wyatt Woodsmall

7) What works do NLP Filters perform in attaining a meaningful conversation?   **1 point**

○ Deleting, distorting and generalizing

○ Adding, reframing, reproducing

○ Mixing, twisting, deleting

○ Both a & c

No, the answer is incorrect.
Score: 0

Accepted Answers:
Deleting, distorting and generalizing

8) NLP improves in our: **1 point**

○ Way of generalizing concepts and deleting relevant information

○ Way of speaking and listening

○ Way of thinking and reacting and in gathering information

○ Way of reading and writing

No, the answer is incorrect.
Score: 0

Accepted Answers:
Way of thinking and reacting and in gathering information

9) In S.M.A.R.T Outcomes, R stands for: *1 point*

○ Realistic, Responsible/Ecological Right for you

○ Realistic, Reproducible/Ecological Right for you

○ Reasonable, Responsible/Ecological Right for you

○ Reasonable, Reproducible/Ecological Right for you

No, the answer is incorrect.
Score: 0

Accepted Answers:
Realistic, Responsible/Ecological Right for you

10) What do you understand by Milton Model?   *1 point*

○ Practice

○ A sort of verbal hypnosis

○ Meditation

○ None

No, the answer is incorrect.
Score: 0

Accepted Answers:
A sort of verbal hypnosis

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